

File #: \_\_\_\_\_

## Welcome To Our Office!

Today's Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ Preferred Name \_\_\_\_\_  
First Middle Initial Last

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender  Male  Female Social Security # \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Mobile Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Home Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

If needed, I may be contacted for appointments, treatment, and billing: via Email:  Yes  No via Text:  Yes  No

Marital Status  Single  Married  Separated  Widowed Spouse's Name \_\_\_\_\_

Employment Status  Employed  Unemployed  Student  Retired  Stay-at-home

Occupation \_\_\_\_\_ Employer \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Relationship \_\_\_\_\_

Previous chiropractic care?  Yes  No Chiropractor's Name \_\_\_\_\_

Is today's visit due to a work-related injury or auto accident?  Yes  No *(If yes, please see receptionist for additional paperwork)*

## Reason For This Visit

Primary Complaint \_\_\_\_\_

Secondary Complaint \_\_\_\_\_

What level of intensity would you rate your pain?  
(No Pain) 0 1 2 3 4 5 6 7 8 9 10 (Severe)

Please select all that apply:

- |                                   |                                    |                                    |                                    |                                   |
|-----------------------------------|------------------------------------|------------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Achy     | <input type="checkbox"/> Burning   | <input type="checkbox"/> Cramping  | <input type="checkbox"/> Deep      | <input type="checkbox"/> Dull     |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Radiating | <input type="checkbox"/> Sharp     | <input type="checkbox"/> Shooting  | <input type="checkbox"/> Soreness |
| <input type="checkbox"/> Stabbing | <input type="checkbox"/> Stiff     | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Tightness | <input type="checkbox"/> Tingling |

What is the frequency of your symptoms?

- Constant  Frequent  Intermittent  Occasional

When did the symptoms start? \_\_\_\_\_

Was the onset...  Gradual  Sudden

How did you injure yourself? \_\_\_\_\_

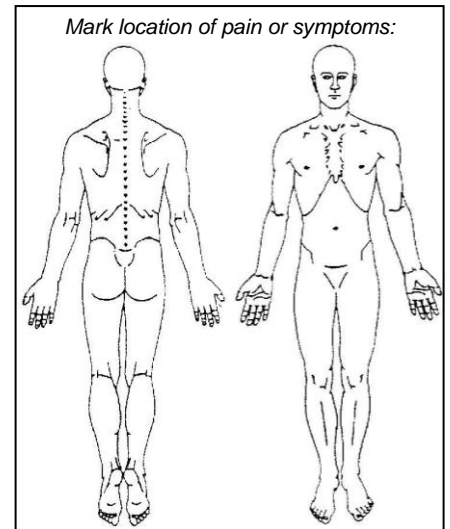
Have you ever experienced this in the past?  Yes  No

What home remedies have you tried?  None  Ice  Heat  Stretching  Massage

Have you been to another doctor or chiropractor for this problem?  Yes  No

Does this affect any of the following tasks?

- |  |  |   |                                     |   |
|--|--|---|-------------------------------------|---|
| <input type="checkbox"/> Personal Care         | <input type="checkbox"/> Carrying Objects      | <input type="checkbox"/> Reaching       | <input type="checkbox"/> Walking    | <input type="checkbox"/> Household Chores |
| <input type="checkbox"/> Getting In/Out of Bed | <input type="checkbox"/> Getting Up From Chair | <input type="checkbox"/> Standing       | <input type="checkbox"/> Driving    | <input type="checkbox"/> Playing Sports   |
| <input type="checkbox"/> Going to Bathroom     | <input type="checkbox"/> Kneeling              | <input type="checkbox"/> Stair Stepping | <input type="checkbox"/> Golfing    | <input type="checkbox"/> Sleeping         |
| <input type="checkbox"/> Putting on Clothes    | <input type="checkbox"/> Leaning Back          | <input type="checkbox"/> Sitting        | <input type="checkbox"/> Exercising | <input type="checkbox"/> Yard Work        |
| <input type="checkbox"/> Bending Over          | <input type="checkbox"/> Lifting Objects       | <input type="checkbox"/> Twisting       |                                     |   |



## Health Information

What *non-prescription* drugs are you taking?  None  Tylenol  Advil  Ibuprofen  Aspirin  \_\_\_\_\_

Please list any prescription medications: \_\_\_\_\_

Are you allergic to any medications?  Yes  No *If yes, please list:* \_\_\_\_\_

What vitamins/supplements are you taking?  None  Multi-vitamin  Fish Oil  Probiotic  Other \_\_\_\_\_

Do you smoke?  Yes – Everyday Smoker  Yes - Occasional smoker  Former smoker  Never been a smoker

Do you consume alcohol?  Yes  No # Drinks per week \_\_\_\_\_

Do you consume caffeine?  Coffee  Soda  Tea  Energy Drinks # Drinks per day \_\_\_\_\_

Do you exercise?  No  Infrequent  Occasional  Regular  Avoid due to pain

Women Only: Are you pregnant?  Yes  No  Maybe Number of Weeks \_\_\_\_\_ Due Date \_\_\_\_/\_\_\_\_/\_\_\_\_

## Past Health History

Have you ever... (please briefly describe - what & when)

Yes No

- Been in a car accident or had any significant falls/injuries? \_\_\_\_\_
- Been treated for a spine problem/nerve disorder? \_\_\_\_\_
- Fractured/broken a bone? \_\_\_\_\_
- Had surgery? \_\_\_\_\_
- Been hospitalized for other than surgery? \_\_\_\_\_

Please mark any you currently have or have had previously:

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> AIDS                  | <input type="checkbox"/> Depression             | <input type="checkbox"/> Kidney Stone           | <input type="checkbox"/> Sciatica                |
| <input type="checkbox"/> Alcoholism            | <input type="checkbox"/> Diabetes               | <input type="checkbox"/> Loss of Memory         | <input type="checkbox"/> Scoliosis               |
| <input type="checkbox"/> Allergies             | <input type="checkbox"/> Digestions Problems    | <input type="checkbox"/> Loss of Balance        | <input type="checkbox"/> Shortness of Breath     |
| <input type="checkbox"/> Anemia                | <input type="checkbox"/> Dizziness              | <input type="checkbox"/> Loss of Smell          | <input type="checkbox"/> Sinus Infection         |
| <input type="checkbox"/> Arteriosclerosis      | <input type="checkbox"/> Excessive Menstruation | <input type="checkbox"/> Loss of Taste          | <input type="checkbox"/> Sleep Problems/Insomnia |
| <input type="checkbox"/> Arthritis             | <input type="checkbox"/> Eye Pain/Difficulties  | <input type="checkbox"/> Migraine Headache      | <input type="checkbox"/> Spinal Curvatures       |
| <input type="checkbox"/> Asthma                | <input type="checkbox"/> Fatigue                | <input type="checkbox"/> Muscle Cramps          | <input type="checkbox"/> Stroke                  |
| <input type="checkbox"/> Back Pain             | <input type="checkbox"/> Frequent Urination     | <input type="checkbox"/> Neck Pain or Stiffness | <input type="checkbox"/> Swelling in Ankles      |
| <input type="checkbox"/> Breast Lump           | <input type="checkbox"/> Headache               | <input type="checkbox"/> Nervousness            | <input type="checkbox"/> Swollen Joints          |
| <input type="checkbox"/> Bronchitis            | <input type="checkbox"/> Hemorrhoids            | <input type="checkbox"/> Nosebleeds             | <input type="checkbox"/> Thyroid Condition       |
| <input type="checkbox"/> Bruise Easily         | <input type="checkbox"/> High Blood Pressure    | <input type="checkbox"/> Pacemaker              | <input type="checkbox"/> Tuberculosis            |
| <input type="checkbox"/> Cancer                | <input type="checkbox"/> Hot Flashes            | <input type="checkbox"/> Polio                  | <input type="checkbox"/> Ulcers                  |
| <input type="checkbox"/> Chest Pain/Conditions | <input type="checkbox"/> Irregular Heart Beat   | <input type="checkbox"/> Poor Posture           | <input type="checkbox"/> Varicose Veins          |
| <input type="checkbox"/> Cold Extremities      | <input type="checkbox"/> Irregular Cycle        | <input type="checkbox"/> Prostate Issues        | <input type="checkbox"/> _____                   |
| <input type="checkbox"/> Constipation          | <input type="checkbox"/> Kidney Infection       | <input type="checkbox"/> Ringing in Ears        | <input type="checkbox"/> _____                   |

## Family History

Father's Side:  Heart Disease  Cancer  Stroke  Arthritis  Diabetes  High Blood Pressure  Other \_\_\_\_\_

Mother's Side:  Heart Disease  Cancer  Stroke  Arthritis  Diabetes  High Blood Pressure  Other \_\_\_\_\_

The information that I have provided above is accurate to the best of my knowledge and will be used to determine appropriate chiropractic care.

\_\_\_\_\_  
Patient's Signature

**Notice of Privacy Practices**

Our practice is dedicated to maintain the privacy of your health information according to the guidelines set forth by federal and state law. These laws also require us to provide you with notice of privacy practices, and to inform you of your rights and our obligations concerning your health information. The undersigned hereby acknowledges that I have received, reviewed, and understand and agree to the Notice of Privacy Practices of the Graettinger Chiropractic Clinic, which describes the practice's policies and procedures regarding the use and disclosure of any of my Protected Health information created, received or maintained by the Graettinger Chiropractic Clinic.

Initial

**Patient's Rights and Responsibilities**

Health care involves a partnership between patients, families, and health care providers, each of whom have certain rights and responsibilities. When you are well-informed, participate in treatment decisions, and communicate openly with your doctor and other health professionals, you help make your care as effective as possible. This clinic encourages respect for the personal preferences and values of each individual. The undersigned hereby acknowledges that I have received, reviewed, and understand my rights and responsibilities.

Initial

**Statement of Informed Consent**

Chiropractic adjustments are performed in our office by skilled doctors of chiropractic who have successfully completed advanced educational requirements, national board examinations, and state board examinations. As with any healthcare procedure, there are some inherent risks that exist. Whenever possible this risk is minimized to its lowest level. Our doctors and staff make every effort possible to provide the safest chiropractic care available. The undersigned hereby consents to evaluation and treatment rendered according to the applicable standards of care. It is understood that options exist for treatment and that any/all treatments have risks and benefits. If the risks and benefits of proposed treatment are not clear to me, I understand that further information may be requested from the doctor.

Initial

**Financial Policy**

Payment is expected at the time of service. Your insurance company can and will be billed, determined by your preference and our current status as in-network or out-of-network with that company. We cannot guarantee your coverage, even if our office attempts to confirm your benefits and eligibility. Final approval of coverage is based on the explanation of benefits after the claim has been filed. Any balance remaining after insurance benefits are obtained is the responsibility of the patient. If payment is not rendered at the time of service, the patient is expected to remit payment within 30 days of receiving a billing statement. We are happy to address questions regarding your account at any time.

Initial

**Assignment of Benefits**

Assignment of benefits is simply authorizing the Graettinger Chiropractic Clinic to file charges directly to your insurance company, saving you time and effort of filing claims yourself. The undersigned hereby authorizes the Graettinger Chiropractic Clinic to submit my insurance claims to my insurance company. By having my signature on file, I need not sign each claim submitted by their office. I understand that I may withdraw my signature at any time. I also understand that I am ultimately responsible for all charges for which my insurance does not pay.

Initial

**Consent to Communication**

I understand and consent to have Graettinger Chiropractic Clinic communicate with me as described on Page 1. This may include communications via standard SMS text messaging, email, and other electronic communications regarding various aspects of my medical condition and treatment, which may include, but not limited to, appointments, treatment, billing, payment, referrals, and general health care operations. I further understand that, because of these methods, there is a risk that standard SMS text messaging, email, or other electronic communications regarding my medical condition and treatment including my personal health information might be intercepted or read by a third party. I understand that it is my responsibility to make sure that only authorized people are allowed to access my email, phone messages, and digital devices.

Initial

\_\_\_\_\_

Patient Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_

Date